

# Getting Started with Your Partek Flow Hosted Trial

Ready to start work on your Partek Flow hosted trial? This page has some helpful videos to get you started!

- [Uploading Your Data to a Hosted Instance of Partek Flow](#)
- [How to Get Started on your First Project](#)

Don't have a trial server yet? Request one on [our website](#).

## Uploading Your Data to a Hosted Instance of Partek Flow

This short video shows you how to import your data into a hosted instance of Partek Flow. Adjust your device's volume for optimal sound.

**Note: When upload large size of data, it might take a while, please turn off the computer sleep mode settings!**

Your browser does not support the HTML5 video element

## How to Get Started on your First Project

In this short video, we'll give you an overview of the interface and how to get started with your analysis.

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## Additional Assistance

If you need additional assistance, please visit [our support page](#) to submit a help ticket or find phone numbers for regional support.



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